



2875 Boardwalk Drive ATHLETIC CLUB Ann Arbor MI 48104
 734-761-4440 www.lon1club.com (FAX) 734-761-7646

MEMBERSHIP FREEZE NOTICE

NAME: _____

MEMBER #: _____ EMAIL ADDRESS: _____

DAY PHONE: _____ EVENING PHONE: _____

DATE TO BEGIN FREEZE: _____ DATE TO END FREEZE: _____

Membership Freeze Policy

1. Members may freeze their membership for medical reasons or travel purposes. Freeze periods are for 60 days, 90 days, or 120 days. (all freezes are for consecutive days.) All freeze periods begin at the first of the month, and are for the full month.
2. Only memberships of 6-months or greater are allowed to freeze.
3. All membership freezes require a written notice to activate the freeze - we **do not** accept faxed, email, or verbal membership freeze notices. We do not backdate membership freeze periods.
4. A member cannot freeze a month that has already had EFT (membership) dues processed. Due to our billing process - all membership freeze requests after the 20th of the month will start the first of the next billed month.
5. A medical freeze requires a signed physicians' letter. The freeze period will begin after we have received both a letter from a physician and a freeze form from the member. The maximum time allowed for a medical freeze is 120 days/year.
6. The cost of freezing a membership is \$20 per month (senior \$10 per month) and is only *payable, in full, at the time of submitting the freeze request or form.*
7. All memberships that are on freeze will automatically be reactivated at the end of the freeze period without notice to the member.
8. If a member returns to the club earlier than expected he/she may see a membership coordinator to pay prorated dues and reactivate their membership at that time.

SIGNATURE: _____ DATE: _____

FREEZE ACCEPTED BY (ONE ON ONE TEAM MEMBER): _____